

2009-10 NFHS Volleyball Rule Revisions

Anyone interested can contact NFHS 1-800-776-3462, for the VB current rule book \$6.95.

National Federation High School Rules 2010: (Note - *9 thru 17 are rule modifications for the Boys Program)

1. Pre-match conference the 'head coach' must attend, along with one or more captains from each team.
2. The officials will now be referred to as R-1 (up) & R-2 (down).
3. Line judges are encouraged, but not required to use flags.
4. The match is administered by two line judges, timer, scorer & assistant scorer the 'Libero tracker'.
 - i. The Libero tracker now clearly delineates what that position does & that those responsibilities are unique to only that position. Note - It is the responsibility of the team coach or advocate to properly train these support people. The referees 'do not' have the necessary time to train, with all of their pre match requirements.
5. During the team warm-up period, all personnel actively conducting the activities should be properly attired for the duties required. Unsafe footwear (bare feet, flip-flops) or electronics (cell phone, I-Pods) exposes them to injury risk. The school administrator & coach are responsible for all players & non-players on the floor.
6. Player wearing jewelry or hats during warm-ups will result in the referee asking the coach to have the jewelry removed 'immediately'. If the jewelry/hats are not removed a yellow card will be issued to the player prior to the start of the set.
7. Host team must provide the line-up, match summary, scorekeeping & Libero tracking sheets.
8. Sportsmanship is encouraged. When fans cheering shifts to taunting, ridiculing or demeaning others it is not acceptable.
9. *Warm-ups will total 12 minutes (6 minutes visitor/6 minutes home), 'no' shared hitting or serving.
 - i. Because of the safety concerns, serving will only take place during each teams 6 minute session.
10. *The Libero may now serve in one position in the serving order.

11. *A match is the best 2 of 3 sets, no cap. All sets to 25 points, unless the host coach indicates otherwise, because of the gym time constraints. Note - The term 'game' is now called a 'set'.
12. *During the Regular Season, a team can start with 5 players & use the 'Ghost'. The team using the 'Ghost' player loses the serve for the open ghost position & can only have two front row players when the ghost position rotates to the front row. For the Post Season, a team must start with 6 players.
13. *Players may play with a different color of jersey or have a # tape to it. No duplicate #'s are allowed.
14. *Multi-color 18 panel volleyballs used for all events. With a maximum combination of three colors & each panel being a solid color.
15. *It is recommended that the Referee stand be fastened to the net system for the safety of the official. The use of a rope or bungee cords are acceptable.
16. *Both officials must complete the summary sheet in order to get paid & check that the match results are listed.
17. *Only 'CERTIFIED' CVOA/NFHS officials will be used for the Boys League.

Bill Cavanaugh 1/22/2010